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Deep religion. I begin with a discussion of the Eucharist because my particular religious tradition is Christian. But the point is making that religious experiences emerge from very specific, very long histories could be made with most religious phenomena. It's how taboos are created. Also another factor in religion is people wanting to understand how things actually work. If they cannot explain something logically (rain, for example), then they will resort to supernatural explanations.

Religion remains an important influence in the world today, yet the social sciences are still not adequately equipped... 

3 How Does Religion Work? (pp. 135-189). Religion consists of complexes of human practices oriented toward superhuman powers performed in hopes of realizing human goods and avoiding bads. But to better understand religion, we must explore more deeply how it operates.